

Hope & Glory

Choreographed by Peter & Alison, March 2009

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2 walls – 64 counts intermediate line dance (1 restart on wall 5)

Music: Hope And Glory – Mans Zelmanloew (start after 32 count intro) – 130bpm.



- 1-8 Walk back R & L, R & L apart with 3 hip bumps, R back rock & recover, L full turn fwd: ½ L & R back**
- 1-2 Step R back, step L back
&3-5 Step R back, step L apart and bump hips left, bump hips right, bump hips left
6-7 Rock R back, recover weight on L
8 Travelling forward turn ½ left stepping R back (6 o'clock)
- 9-16 Complete full turn fwd: ½ L & L fwd, R scuff, R cross step, L back, R side, L scuff, L cross step, R back**
- 1-2 Turning ½ left step L forward, scuff R forward (12 o'clock)
3-4 Cross step R over L, step L back
- RESTART: On 5th wall dance the first 12 counts of the dance & restart**
- 5-6 Step R side, scuff L forward
7-8 Cross step L over R, step R back
- 17-24 L back, R touch together, R fwd shuffle, ¼ R sweep, L cross step, ¾ L turn**
- 1-2 Step L back, touch R together
(On final wall dance ends here facing back wall – strike a pose!)
3&4 Step R forward, step L together, step R forward
5-6 Sweep L from back to front turning ¼ right, cross step L over R (3 o'clock)
7-8 Turning ¼ left step R back, turning ½ left step L side (6 o'clock)
- 25-32 ¼ L & R step touch, L side, R touch across & side, R behind-side-cross**
- 1-2 Turning ¼ left step R side, touch L together (3 o'clock)
3-5 Step L side, touch R across left, touch R to right side
6-8 Cross step R behind L, step L side, cross step R over L
- 33-40 ¼ L shuffle, R fwd, ¼ L pivot turn, R cross shuffle, ½ R hinge turn**
- 1&2 Step L side, step R together, turning ¼ left step L forward (12 o'clock)
3-4 Step R forward, pivot ¼ left (9 o'clock)
5&6 Cross step R over L, step L side, cross step R over L
7-8 Turning ¼ right step L back, turning ¼ right step R side (3 o'clock)
- 41-48 L fwd rock & recover, L coaster step, R fwd, ¼ L pivot turn, R cross, L back**
- 1-2 Rock L forward, recover weight on R
3&4 Step L back, step R together, step L forward
5-6 Step R forward, pivot ¼ left (12 o'clock)
7-8 Cross step R over L, step L back
- 49-56 R together, L fwd rock & recover, L together, R heel fwd, hold, R together, L fwd rock & recover, ½ L shuffle**
- &1-2 Step R together, rock L forward, recover weight on R
&3-4 Step L together, touch R heel forward, hold
&5-6 Step R together, rock L forward, recover weight on R
7&8 Turning ½ left step L forward, step R together, step L forward (6 o'clock)
- 57-64 R fwd rock & recover, R together, L heel fwd, hold, L together, R fwd, ½ L pivot turn, ½ L & R back, L back**
- 1-2 Rock R forward, recover weight on L
&3-4 Step R together, touch L heel forward, hold
&5-6 Step L together, step R forward, pivot ½ left (12 o'clock)
7-8 Turning ½ left step R back, step L back (6 o'clock)